

M.B. GOVT. P.G. COLLEGE

HALDWANI (NAINITAL)

डॉ एन एस बनकोटी प्राचार्य एम बी राजकीय स्नातकोत्तर महाविद्यालय हल्द्वानी (नैनीताल) - २६३१३९ दूरभाष: ०५९४६-२२२०१७

## PROMOTION OF GENDER EQUITY IN THE COLLEGE

- 1. Sexual harassment cell has been constituted, which looks into the reported cases of the sexual harassment within the premises of the college campus. This committee is also mandated to hold regular gender-related sensitization talks with the girl students.
- 2. A girls' common room with recreation facility has been established. It is also proposed to install a sanitary napkin vending machine for the use of the students, as well as dustbins in Girls' or ladies' toilets.
- 3. A Mental Wellness Centre or cell has been established under the wings of the Department of Psychology. This cell carries out (i) workshops on mental health awareness, and (ii) holding clinics and talks by inviting a local eminent psychiatrist or counsellors to counsel and treat issue of mental health, within the campus itself.

The prime objectives of the Mental Wellness Centre are the following: (i) holding lecture about mental health, (ii) educating youth about their locus of control, (iii) relaxation techniques, (iv) providing outlets to relieve off anxiety and other emotional problems, (v) developing a sense of meaning and purpose in life, (vi) grooming skills and enriching the skills of the students, among others.

Since February 2021, when it was established, the Centre has benefitted around 400 students (mostly female students). The expertise available with the department of psychology, along with the committee members of Sexual harassment Cell, again augmented by the feedback received from the PTA, will be channelized towards holding gender sensitization as well as awareness campaigns about what constitutes sexual harassment, and the constitutional provisions to fight sexual harassment, will be carried out through a series of talks by inviting experts from outside.

Certified that the statement above is correct to the best of my knowledge and belief.

(Dr. N S Bankoti)

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